



Spring Timetable Term 4 2017
 Yoga taught in the Iyengar Tradition

CLASSES COMMENCE MONDAY 9 OCTOBER

ENROLMENTS ESSENTIAL

Monday	8.00 am	Gentle yoga (1 hour)
Monday	9.30 am	Beginners
Monday	7.00 pm	Beginners
Tuesday	9.30 am	Beginners
Tuesday	7.00 pm	Beginners
Wednesday	9.30 am	General
Wednesday	7.00 pm	General
Thursday	9.30 am	Beginners
Thursday	7.00 pm	Beginners
Saturday	8.00 am	General



COST

Term Payments in advance -

Mondays	10 weeks	\$ 120
Tuesdays	10 weeks	\$ 120
Wednesdays	10 weeks	\$ 120
Thursdays	10 weeks	\$ 120
Saturdays	9 weeks	\$ 108

Casual classes \$16

VENUE

Pallottine Centre, 50 Fifth Avenue, Rossmoyn

*Classes/venues/prices subject to change
 No classes are held on public holidays*

Term fees are not transferable to the next term.

If you miss your regular class the missed class may be made up during the current term by attending another advertised class.

If extraordinary circumstances arise talk to your teacher.

As taking fees in class is very time consuming we accept fees in advance for the forthcoming term. You will still be able to pay on the first night if it is not convenient to pay beforehand.

PROPS

Mats, bolsters, straps, blocks, eye bags and books are available for purchase at classes.



**LAST CLASS TERM 4 8AM SATURDAY 16 DECEMBER
 COMPLIMENTARY CLASS FOR ALL STUDENTS OF
 THE SCHOOL - WATCH FOR MORE DETAILS**

PRIVATE CLASSES

Private classes are yoga sessions designed for people who, for one reason or another, may not be able to attend a class. For example, the student may have a specific problem that needs to be dealt with on a one to one basis.

Students generally find that after a short course of private classes they are then able to integrate into a regular class. During private classes a programme suitable for the individual may be worked out so that the student can practise a specific sequence to suit them at that time.

If you are interested in private yoga sessions please contact Anne or Chris to make an appointment. Each session runs for approximately one hour.

COST PER SESSION \$70.00



Anne Horsley, Chris Taylor, Marianne Annese and Mary Matthews are Certified Iyengar Yoga Teachers.

Relief teachers are Certified Iyengar Teachers or Teacher Trainees.



Jane and Mary enjoying Setu Bandhasana

**ENQUIRIES AND WAYS TO ENROL
 ENROLMENTS ESSENTIAL**

Phone 9354 2221

Email yogarossmoyne@bigpond.com

Register at class

Post your registration and fees to -

PO Box 748 Willetton WA 6955
 (cheques payable to ANNE HORSLEY)

EFT facilities are available - please email yogarossmoyne@bigpond.com for details

