



**Timetable
 Term 1 2018**

CLASSES COMMENCE MONDAY 5 FEBRUARY

Monday	8.00 am	Gentle yoga for the not so young (1 hour)
Monday	9.30 am	Beginners
Monday	7.00 pm	Beginners
Tuesday	9.30 am	Beginners
Tuesday	7.00 pm	Beginners
Wednesday	9.30 am	General
Wednesday	7.00 pm	General
Thursday	9.30 am	Beginners
Thursday	7.00 pm	Beginners
Friday	6.00 am	Open
Saturday	8.00 am	General



COST

Term Payments in advance -

Mondays	8 weeks	\$ 96
Tuesdays	10 weeks	\$ 120
Wednesday	10 weeks	\$ 120
Thursdays	10 weeks	\$ 120
Fridays	9 weeks	\$ 108
Saturdays	10 weeks	\$ 120

Casual classes \$16

VENUE

Pallottine Centre, 50 Fifth Avenue, Rossmoyn e

*Classes/venues/prices subject to change
 No classes on public holidays*

Term fees are not transferable to the next term.

If you miss your regular class the missed class may be made up during the current term by attending another advertised class.

If extraordinary circumstances arise talk to your teacher.

As taking fees in class is very time consuming we accept fees in advance for the forthcoming term. You will still be able to pay on the first night if it is not convenient to pay beforehand.

Yoga is like music: the rhythm of the body, the melody of the mind, and the harmony of the soul create the symphony of life
B.K.S. Iyengar

SUMMER HOLIDAY COURSE JANUARY 2018

The holiday course classes, suitable for students of all levels, will be held on -

Mondays	9.30 am & 7 pm	8, 15, 22, 29 January
Wednesdays	9.30 am & 7 pm	10, 17, 24, 31 January
Cost	4 classes \$50. Casual classes \$16	

NEW CLASS 6AM FRIDAYS TERM 1 2018

PRIVATE CLASSES

Private classes are yoga sessions designed for people who, for one reason or another, may not be able to attend a class. For example, the student may have a specific problem that needs to be dealt with on a one to one basis.

Students generally find that after a short course of private classes they are then able to integrate into a regular class. During private classes a programme suitable for the individual may be worked out so that the student can practice a specific sequence to suit them at that time.

Each session runs for approximately one hour.

COST PER SESSION \$70.00

Please arrive at class in time to be set up and on your mat for start of class. No earlier than 15 to 20 minutes prior to start time as your teacher needs time for setup and quiet reflection before the class commences. If you are late come in and set up quietly so other students are not disturbed. Thank you.



Anne Horsley , Chris Taylor,
 Marianne Annese, Mary Matthews
 and Sharon James are
 Certified Iyengar Yoga Teachers
 Relief teachers are Certified Iyengar
 Teachers or Teacher Trainees

ENQUIRIES AND ENROLMENTS

ANNE HORSLEY
 9354 2221
 yogarossmoyn e@bigpond.com

Registration and fees can be posted to -

PO Box 748 Willetton WA 6955
 (cheques payable to ANNE HORSLEY)

EFT facilities are available - please email
 yogarossmoyn e@bigpond.com for details

ENROLMENTS ESSENTIAL